



**Brenham ISD**  
**Athletic Department**  
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## **Random Substance Abuse Testing for High School Athletes**

### Objectives

- To reduce the risk of injuries in Brenham High School athletes
- To provide a deterrent to substance abuse for BHS athletes
- To help maintain a school environment free of substance abuse
- To establish BHS athletes as role models for the student body

### Testing Plan

- Athletes tested will be selected on a random basis, utilizing school ID numbers for identification, by the testing laboratory several times per year.
- The testing laboratory will be in charge of the testing procedure, including random selection of students to be tested, collection of specimens and analysis processes.
- Testing will be supervised by a BISD administrator, utilizing the procedures required by the testing laboratory.
- All positive results will be double-checked for accuracy.

### Substances to be Tested for:

- Alcohol, Amphetamines, Barbiturates, Benzodiazepine, cocaine, Methaqualone, Nicotine, Opiates (codeine, heroin, morphine, papaverine), Phencyclidine (PCP), Steroids, and Tetrahydrocannabinols (THC) (marijuana)
- Accepted immunological screening procedures and confirmation techniques will be used before positive results are reported.
- Certain prescription drugs mimic the above substances. It is imperative that students report any and all medications that they are taking to the test administrator.

### Confidentiality

- The collection and coding of specimen samples are executed in a manner designed to insure confidentiality and proper identification.
- Only the athlete, parent/guardian of the athlete, appropriate coach(s), Athletic Director, and Assistant Athletic Director will be notified of positive results.
- The parent/guardian will be notified of any sample that is positive or that has a presence of an abused substance.
- All test results shall be destroyed when the student is no longer in school.
- Conditioning assigned to athletes violating this policy will be the same as conditioning assigned to other athletes within the athletic department to assist in maintaining confidentiality.



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#### Sanctions for Positive Tests

- 1<sup>st</sup> Offense-Nicotine- The athlete will be suspended from all athletic competitions for a period of 10 continuous days and will run 5 miles a day (or comparable punishment) for 10 days.
- 1<sup>st</sup> Offense-All other- The athlete will be suspended from all athletic competitions for a period of 20 continuous days and will run 5 miles a day (or comparable punishment) for 20 days.
- 2<sup>nd</sup> Offense- The athlete will be suspended from participation in all athletic competitions for one full calendar year and assigned to a conditioning program established by the athletic department.
- 3<sup>rd</sup> Offense- The athlete will be dismissed from the athletic program forever.
- Athletes caught drinking or smoking, including receiving a D.U.I., M.I.P., or M.I.C. will be treated as if they tested positive.
- If an athlete tests positive on one occasion, that athlete **will be** tested at each test for the remainder of their high school career.
- Athletes refusing to submit to the drug test will be treated as if they tested positive.
- All athletes testing positive will be encouraged to seek treatment and given referral information for substance abuse treatment programs available in the area.